

Study Guide 8 - Vertical Jumps - Pole Vault

Junior Official Program Study Guides

The purpose of the Study Guides in this program are to help you acquire the knowledge needed to be able to understand and create a brief statement of the information that you will need for course completion and future knowledge. You might think of this Study Guide as a mini-outline to the different official positions that are contained in Track and Field competitions. Consider this Study Guide as a condensed version of all of the important information that you will need to complete the Junior Officials Program successfully.

Each Officials duties, skills and behaviors are contained in the 17 Different Study Guides offered in this program. These Study Guides are a combination of

- Adopted USATF 2020 Competition Rules.
- Best Practices (those skills that describe "what works best" in a particular situation or environment). These Study Guides are data supported successes and researched supported over time, as offered by Track & Field officials in the quest for accountability for reliable methods.
- USATF Code of Ethics
- USATF Professional Guidelines

Procedures

Once you have the Study Guide in front of you, do more than just read it. Take the time to look at the material to understand what you will be asked to do. Start by reading the description to formulate a big-picture idea of what your Mentors assessment will look like. Then, review the list of concepts.

Quizzing yourself is a highly effective study technique. Make a copy of the Mentors Checklist and carry it with you to the meets so you can review the questions and answers periodically throughout

the day and across several days/meets. Identify the questions that you don't know and quiz yourself on only those questions. Say your answers aloud.

The important skills needed in this Guide correspond to the Learning and Performance Objective numbers that begin with the abbreviation **PV** (**Pole Vault**) – (**PV1-PV31**)

Ask questions of your Mentors, they are there to answer your questions and guide you to learning and performing as a USATF official.

Good Luck to you on your journey to become a USATF Certified Official!



This is one of 17 Study Guides available to you. Each Guide covers a different track and field event. You are welcome to review all the guides, but the JOP program would like you and your mentor to **select ten (10)** of these Guides to concentrate on as your primary focus while participating in the JOP program. JOP Participants who are in the program for longer that two (2) years will have the opportunity to experience all of the 17 Study Guides. This will help you prepare for the Officials Association Level that the 3-4 year participants can qualify you to become. You will be evaluated by your mentor on your knowledge of your 10 Study Guide events. Also, an Alternative List of Study Guides will be produced for your furthering your knowledge in your officiating experience.

The content of these Study Guides is primarily drawn from these resources:

- USATF Competition Rules
- Best Practices
- USATF Code of Ethics
- USATF Professional Guidelines

These Study Guides, your mentor, the USATF Competition Rules, and experience working track and field meets are the four key components of the Junior Officials Program.



You will need to become very familiar with the following rule(s) as listed in your copy of the 2020 Competition Rule Book or found at: 2020 Competition Rule Book (page 97)

Important objectives contained in Rule 183, 302, 180 that your Mentor will instruct you on and assess your ability:



- SEE Vertical Jumps Common Rules- Study Guide 7 USATF RULE 181 VERTICAL JUMPS HIGH JUMP & POLE VAULT
- USATF RULE 183 (page 98)
- USATF RULE 302.5 (page 165-167)
- USATF Rule 180.2 (page 86)
- Personal Equipment
- Meet Management Equipment
- Questions for Meet Management
- Landing Pad
- Runway
- Standards
- Crossbars
- Extenders & Pegs
- Measuring device
- Clean out the box. Sweep the runway, remove all old marks
- Indicator (zero) line (USATF)
- Set up performance boards
- Venue set-up
- Other officials NA for JOP Participants
- Increments)
- "Cheat sheet"
- Warm-ups
- Check-in all athletes
- Records
- Inclement weather
- Brief athletes on the rules & competition procedures
- Venue Checklist Pit
- Venue Checklist Pole Vault
- Five Alive in Vertical Jumps Five Alive Video
- Resolving Ties
- Pole Vault Venue and Assignments
- Time Limits
- Absence from Competition
- Vertical Jump Event Recording sheet
- Pit Boss Reference Card



Resources

- Five Alive Verticals, Feb 18 <u>Five Alive Video</u>
- Flight Coordinator Activities, Aug 2018
- Head Official Protocol PV, Jul 2017
- Pole Vault Clinic Situations, Apr 2016
- Pole Vault Event Preparations, Sep 2018
- Pole Vault High School Instructions Preps & Instructions, Feb 2018
- Pole Vault Instructions & Rules NCAA, Nov 2018
- Pole Vault Instructions & Rules USATF, Mar 2018
- Pole Vault Officials Duties, Mar 2018
- Pole Vault Pit Boss Reference Card, Oct 2018
- Pole Vault Venue Assignments, Jun 2018
- Pole Vault Zeroing Standards, Jan 2017
- Resolving Ties HJ & PV, Mar 2018
- Time Limits & Absence From Competition, Jan 2019
- Crossbar Preparations, Feb 2016
- Five Alive Webinar
- Laser Measuring, Jul 2013
- Metric Conversion Table, Feb 2016
- Pole Vault Head Officials Clinic Outline, Oct 2018
- Pole Vault High School Pole Inspections, Feb 2018
- Pole Vault High School Replacement Labels, Feb 2018
- Pole Vault Rules Comparison Full, Mar 2018
- Rules Comparison Pole Vault, April 2020
- Vertical Events Recording Sheet Landscape, Jan 2018
- Vertical Events Recording Sheet Portrait, Jan 2018
- Vertical Jumps Evaluation Form, Jan 2013
- Vertical Jumps Monograph Series, Aug 2012

All of the above RESOURCES are available at:

https://www.flipsnack.com/USATF/pole-vault/full-view.html

USAFT Code of Ethics/ Professional Guidelines
 USATF Code of Ethics and Performance Guidelines



Study Guide 8- Pole Vault Program Learning/Performance Objective - Mentor Checklist

Participant Name M	Mentor Name
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Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe "Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA's should be used sparingly.

Learning/Performance Objective	PO/LO#	Date	Mentor
What can the JOP explain or do?		Completed	Initials
USATF Rule 183 / Other Pertinent Rules from Module	PV1		
Personal Equipment Kit	PV2		
Equipment from Meet Management	PV3		
Equipment- Questions Meet Management	PV4		
Landing Pad	PV5		
Runway	PV6		
Standards	PV7		
Crossbars	PV8		
Extenders and Pegs	PV9		
Measuring Device	PV10		
Clean Box/sweep runway/Remove old marks	PV11		
Indicator (zero) Line	PV12		
Set-up Performance Boards	PV13		
Venue Set-up	PV14		
Other Officials	PV15		
Increments	PV16		
Cheat sheet – Pit Boss	PV17		
Warm-ups	PV18		
Check-in Athletes	PV19		
Records	PV20		
Inclement Weather	PV21		
Brief Athletes on Rules/competition Procedures	PV22		
Pit Venue checklist	PV23		



Pole Venue checklist	PV24	
Handling Ties	PV25	
Conducting "Five Alive"	PV26	
Pole Vault Venue and Assignments	PV27	
Time Limits	PV28	
Absence from Competition	PV29	
Vertical Jump Event Recording Sheet	PV30	
Pit Boss Venue Recording Card – Cheat Sheet	PV31	

Comments:		



REMINDER MAP - Common Learning/Performance Objectives (PO's) for all Junior Official Participants

Mentors will be concentrating on the areas in gray to determine your Checklist and Field of Play Evaluation during and at the end of your individual time-line in the program.

Code of Ethics/Performance Objectives (PO's)	PO#	Assessment Evaluation Criteria (P.O.'s)	PO#
Be fair, consistent, and impartial to ensure	PO1	Arrives on time for meetings and events.	AEC1
equitable treatment for all competitors.			
Have a thorough knowledge of the rules and	PO2	Properly wears officials' uniform; presents	AEC2
procedures for the particular event or position		a professional appearance.	
assigned and review them prior to a			
competition.			
Cooperate with fellow officials to conduct	PO3	Knows and applies rules correctly and	AEC3
competition in a safe and professional manner.		consistently.	
Be courteous and avoid confrontations or			
making derogatory comments to athletes,			
coaches, spectators, or other officials.			
Demonstrate respect and courtesy for other	PO4	Treats all personnel with respect and	AEC4
officials. Avoid interfering with duties assigned		professionalism	
to other officials or publicly questioning the			
performance of other officials. Assist in correctly			
applying rules and support final decisions			
rendered by chief officials. Provide and accept			
performance feedback in a positive manner.			
Honor all assignments and agreements made for	PO5	Communicates effectively with	AEC5
performance of officiating and support duties.		competitors.	
Not discriminate against any individual or group	PO6	Stays alert to the competition, potential	AEC6
on the basis of race, color, religion, gender,		problems, and the athletes.	
national origin, age, or other protected			
characteristic.	207	NAZ-uli- ulli ulali alli un efficiele f	4567
Not engage in harassment by making	PO7	Works well with other officials for success	AEC7
unwelcome advances, remarks, or display of		of the crew.	
materials where such would create an			
intimidating, hostile, or offensive environment.	PO8	Milling to pitch in and halp wherever	AEC8
Not fraternize with athletes or coaches, provide tips or comments which could be construed as	PU8	Willing to pitch in and help wherever needed or directed.	AECo
coaching for any athlete, nor cheer for or		needed or directed.	
provide encouragement to particular athletes or			
teams during a competition.			
Not use tobacco products while in the field of	PO9	Has applicable rule books and necessary	AEC9
competition, nor consume alcoholic products	103	personal equipment.	ALCS
before or during a competition.		personal equipment.	
Not seek recognition or attention during a	PO10	Correctly and efficiently prepares the	AEC10
competition.	. 515	venue; maintains safety	ALCIO
Conduct an honest self-evaluation after each	PO11	Conducts complete, accurate briefings for	AEC11
competition, to identify errors made and areas		athletes.	7.2022
for improvement; and be receptive to			
p. o. oment, and be receptive to	1		



suggestions for conducting events in the best possible manner in the future. Comply with the USA Track & Field Officials Code of Ethics Be punctual in reporting for assigned officiating duties, including allowing adequate time for venue inspection and set-up prior to the warm-up period and competition. Possess the appropriate rule book(s) for the competition. Possess and maintain appropriate uniform items and war the national uniform or other dress prescribed by meet management, and be prepared to continue duties in all types of weather. Inspect assigned venues to ensure the safety of athletes, officials, and spectators. Correct or report apparent or suspected dangers to meet management before beginning a competition. Be calm, positive, and polite. Refrain from dialog with athletes and coaches regarding disputed calls or decisions, and instead refer them to the referee, protest table, or games committee for resolution. Report abusive behavior toward officials to meet management. Not use any electronic or photographic devices, including cell phones, while officiating. Assist in submitting competition results, cleaning the event area, and returning equipment. Before departing the site, determine if any other venues need officiating assistance.
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Attend periodic training sessions or clinics to RO30
Attend periodic training sessions or clinics to PO20
maintain or update officiating skills. Assist, as
appropriate, in developing and presenting
training materials.
Keep physically fit, and advise their association PO21
or coordinator of officials of physical limitations
on their ability to perform any assigned duty.
Mentor less experienced officials by sharing PO22
information and techniques, demonstrating use
of equipment, identifying potential problems or
issues and recommending solutions, and
encouraging questions.
Assist in recruiting new officials. PO23
Consider active involvement with the officials' PO24
committees of the local association and USATF.
Make recommendations for rules changes as PO25
appropriate.



Participant Name:_____

Study Guide 8 - Vertical Jumps - Pole Vault - Mentor Assessment Field of Play Evaluation

MENTORS – All items on this Checklist must be completed during the timeline of the
program. Some participants are in the program from one-to-four years. All items/objectives should
be checked when the item is successfully completed. Not all items will be completed at any
particular meet but over a series of meets. Checkoff the rating that you give to the JOP
Participant, enter the date of completion and enter your initials as a verification that the

Mentor:

the *Area for Improvement space. Please submit a copy of this Field of Play Evaluation/Assessment final form with the completion dates and your Mentor signature, to the Association Certification Chairperson or JOP Designee in your Association. Please make 3 copies -One (1) for your records, one (1) for the Association Chair/JOP Designee, and one (1) to give to the JOP Participant for their records. Hardcopies or electronic copies are acceptable. All Objectives must be met before submission.

objective was completed. If you have assigned a rating of Fair* - Please add your rationale to

Code of Ethios/ Duefossional	PO#	Fair*	Good	Excellent	Date	Mentor
Code of Ethics/ Professional	PO#					
/Learning/Performance Objectives		(check)	(check)	(check)	Completed	Initials
1. Arrives on time for meetings and events.	AEC1					
*Area for Improvement (Fair or below):						
		1	Γ	1	I	Γ
2. Properly wears officials' uniform:	AEC2	Fair*	Good	Excellent		
presents a professional appearance.						
*Area for Improvement (Fair or below):						
		T .	Γ	1	I	Γ
3. Knows and applies rules correctly and	AEC3	Fair*	Good	Excellent		
consistently.						
*Area for Improvement (Fair or below):						
		T		T	1	
4. Treats all personnel with respect and	AEC4	Fair*	Good	Excellent		
professionalism.						
*Area for Improvement (Fair or below):						
5.0	4505	T - · *			1	
5. Communicates effectively with	AEC5	Fair*	Good	Excellent		
competitors.						
*Area for Improvement (Fair or below):						
	4500	T - · *			1	
6. Stays alert to the competition, potential	AEC6	Fair*	Good	Excellent		
problems, and the athletes.						
*Area for Improvement (Fair or below):						



7. Works well with other officials for	AEC7	Fair*	Good	Excellent		
success of the crew.						
*Area for Improvement (Fair or below):						
8. Willing to pitch-in and help wherever	AEC8	Fair*	Good	Excellent		
needed or directed.						
*Area for Improvement (Fair or below):						
9. Has applicable rulebooks and necessary	AEC9	Fair*	Good	Excellent		
personal equipment.						
*Area for Improvement (Fair or below):						
10. Correctly and efficiently prepares the	AEC10	Fair*	Good	Excellent		
venue and maintains a high level of safety.						
*Area for Improvement (Fair or below):						
11. Conducts complete, accurate briefings	AEC11	Fair*	Good	Excellent	NA	NA
for athletes.						
*Area for Improvement (Fair or below):						
12. Effectively works with volunteers.	AEC12	Fair*	Good	Excellent		
*Aug for Improvement (Fair or holow)						
*Area for Improvement (Fair or below):						
13. Completes event forms properly and	AEC13	Fair*	Good	Excellent		
neatly.						
*Area for Improvement (Fair or below):						
14. Demonstrates good decision-making	AEC14	Fair*	Good	Excellent		
and problem-solving skills.						
*Area for Improvement (Fair or below):						
15. Accepts and responds to feedback in an	AEC15	Fair*	Good	Excellent		
appropriate manner.						
*Area for Improvement (Fair or below):						
16. Not discriminate against any individual	PO6	Fair*	Good	Excellent		
or group on the basis of race, color,						
religion, gender, national origin, age,						
athletic ability or other protected characteristic.						
*Area for Improvement (Fair or below):						
Area for improvement (rail of below).						
17. Not engage in harassment by making	PO7	Fair*	Good	Excellent		
unwelcome advances, remarks, or display						
of materials where such would create an						
intimidating, hostile, or offensive						
environment.						



*Area for Improvement (Fair or below):						
18. Not use tobacco products while in the	PO9	Fair*	Good	Excellent		
field of competition, nor consume alcoholic						
products before or during a competition.						
Area for Improvement (Fair or below):						
19. Be calm, positive, and polite. Refrain	PO17	Fair*	Good	Excellent		
from dialog with athletes and coaches						
regarding disputed calls or decisions, and						
instead refer them to the referee, protest						
table, or games committee for resolution.						
Report abusive behavior toward officials to						
meet management.						
*Area for Improvement (Fair or below):						
20. Not use any electronic or photographic	PO18	Fair*	Good	Excellent		
devices, including cell phones, while						
officiating.						
*Area for Improvement (Fair or below):						
21. Keep physically fit, and advise their	PO21	Fair*	Good	Excellent		
association or coordinator of officials of						
physical limitations on their ability to						
perform any assigned duty.						
*Area for Improvement (Fair or below):						
22. Presentation of JOP Log of meet	Program	Fair*	Good	Excellent		
experiences containing the number of	Requirement					
Hours based on age group.						
*Area for Improvement (Fair or below):						
23. Presentation of Journal or "Briefcase of	Program					
acquired materials indicating the	Requirement					
participants knowledge of growth over the						
length of the program.						
*Area for Improvement (Fair or below):						
Comments:						
						
						